

BREAKING DEMONIC STRONGHOLDS

ENDING THE COVENANT WITH UNFORGIVENESS

Lord, I enter into your throne of grace and ask for forgiveness. Please forgive me for holding onto any unforgiveness for any person, knowingly or unknowingly. If there is anything hindering my prayers I ask that you forgive me and expose it. I am serious about my deliverance and I refuse to pray amiss. I pray for a hedge of protection around me and my family as I understand the enemy does not like to be exposed.

I ask that you heal the wounds that I have experienced through trauma as a child or adult. I come out of agreement with the spirit of offense, bitterness, resentment, stubbornness, pride, anger and hate. You do not have authority or permission to stay. I have confessed with my lips that Jesus is my Lord and Savior. I house the Holy Spirit so you must leave right now in Jesus name!

I am standing in my authority by who is living inside of me and am destroying the works of the enemy. I will no longer be bound by unforgiveness, depression, low self esteem, rejection, abandonment or anxiety! If I have taken part in any of this, I come out of agreement with you, depart from me now in the name of Jesus! We Lord find our help in you as our deliverer and find rest in you as you are a pillar of peace. I declare victory over unforgiveness. I will be healed and set free. I am a new creation in Christ so I choose not to associate myself with any darkness.

God, walk me through my deliverance, healing and restoration. Restore my broken heart and let my past be sealed up. I no longer will allow thoughts that do not honor or align with you to consume me or my life. I will no longer base decisions or how I interact with others because of my broken heart to affect my opportunity to grow with you and other people.

You tell us to not repay evil for evil. Do not retaliate when people say unkind things about me, but instead to pay them back with blessing. So I am choosing to honor you by forgiving _____ and I speak blessings over them. I recommit myself to Holy living and thinking.

I also forgive myself for the decisions of my past. For the negative words I have spoken over others and myself. Transform my thoughts about others and who you have created me to be. Bridle my tongue to only speak positive things about myself and others. I thank you for full restoration. In Jesus name